GO SWIM LEVEL QUESTIONAIRE

To assist in enrolling your child in the correct level of swimming lessons, please follow the questions below. Your child will get the most out of the program when these questions are answered honestly.

School age:

Is your child comfortable going completely under water? Yes / No if no -> L7 Jelly Fish Can your child safely enter deep water and doggy paddle for 3-5m <u>without</u> a flotation aid? Yes / No if no -> L7 Jelly Fish Can your child do a large freestyle arm out of water? Yes / No if no -> L7 Jelly Fish Can your child kick on their back independently without the use of floatation aids? Yes / No if no -> L7 Jelly Fish

Can your child swim Freestyle for 10m and take a breath to the side? Yes / No if no -> L8 Platypus Can your child swim Backstroke for 10m and continually move their arms? Yes / No if no -> L8 Platypus

Can your child do 15m Backstroke with correct body position and continuous movement of arms? Yes / No if no -> L9 – Seal Can your child demonstrate Breaststroke kick whilst holding an aid? Yes / No if no -> L9 – Seal Can your child swim with Breaststroke arms & kick simultaneously? Yes / No if no -> L9 – Seal

Can your child swim 25m continuous Freestyle with breathing every 3rd stroke? Yes / No if no -> L10 – Marlin Can your child swim 25m Backstroke? Yes / No if no -> L10 – Marlin Can your child swim with Breaststroke arms & kick simultaneously for 15m? Yes / No if no -> L10 – Marlin Can your child demonstrate Survival Backstroke for 25m? Yes / No if no -> L10 – Marlin

For questions please give our team a call on 8391 1464.

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